

Let's Circle & Chat



Circles OF **STRENGTH**

STARTING APRIL 4, 2023
TUESDAYS 5:30 – 7:00 P.M.

Let's Circle & Chat provides an environment where domestic and sexual abuse survivors can share insights and experiences. As a group, we can nurture each other and help build the confidence, respect, and courage we all need to enhance healing and clarity.

FOOD &
BEVERAGE
PROVIDED

Let us honor and respect the cultures and people before us who have used the circle to build community, address harm and repair relationships. Come together to engage in discussions to enhance our social, emotional, and spiritual health and wellness.



FOR ANY QUESTIONS PLEASE CONTACT:

Carrie Scott-Haney
Violence Prevention & Response Coordinator
414-640-1062
cscott-haney@gliihc.net

Domestic and sexual violence can have a range of traumatic effects and consequences that are difficult to manage alone. To inquire about behavioral health services please contact our Behavioral Health Reception at **(414) 316-5004** or contact Carrie Scott-Haney, Violence Prevention & Response Coordinator at the number below. You are not alone. There is help available. Please do not hesitate to reach out to our DV/SA Advocate. GLIHC cares and we are here for you.

Visit www.gliihc.net/cos for more information.